Welcome to Southern Tier Martial Arts

Proudly offering Tang Soo Do and Haidong Gumdo

Southern Tier Martial Arts - Activities

TSD	Saturday, June 30, 2018	Testing & Spotlights	
All	Thursday, July 05, 2018	Candor Parade and Demo 6PM - 8PM	**New item - see Master Greene**
Camp	Monday, July 09, 2018	Jedi Knight Sword for beginners	Ages 8 – 15, Monday - Friday
Camp	Monday, July 23, 2018	Karate (Tang Soo Do) for beginners	Ages 6 & up, Monday - Friday
HDG	Friday, July 27, 2018	Mulimpia, JW Marriott, Las Vegas	Events Friday through Sunday
TSD	Friday, August 03, 2018	ATA Summer Camp	Friday - Sunday. save the dates, Myles Standish State Park, Carver MA
Camp	Monday, August 13, 2018	Sparring camp	STMA students only
All	Sunday, August 19, 2018	STMA training and picnic in the park	Arnold Park, Vestal
Other	**Wednesdays 6PM**	**Yoga with Jenna** **Outdoors for Summer**	**jluciani12909@hotmail.com,** **Mobile 607 752 0027**

Summer Camps are coming

- Karate for beginners
  - Led by Master Greene
  - July 23 – 27
- Jedi Knight Sword for beginners
  - Led by Master Faulks
  - July 9 – 13
- Both camps run from 9:30AM – 11:30AM for five days
  - Refreshments provided
  - $50 per child per camp
- **Please spread the word with your friends, family and neighbors**

Please share on Facebook

STMA June Promotion - Congratulations

STMA Tang Soo So
June 2018
Dan test lineup …

… the calm before the storm

A big thank you to all the other students who came to assist and support this test.

Always deliver correct technique…

…with power, speed and focus

This test is over for today…
…time for a smile

Thank you to KJN DiScipio and Master DiGloria for travelling to STMA and leading the panel.

Also thank you to Masters Burshnick, Greene, Angelo and Ms. Lewis being on the panel.

Rounding out the day, training seminars

We use plastic bamboo and pool noodles for practice

Haidong Gumdo classes with a Jin Gum or live blade

Haidong Gumdo
Color belt test
June 21, 2018

A strong group all smiles at the end with certificates and new belts

Congratulations Haidong!

Front Desk Notice Board

- STMA is a small business and we would want to show our support for other small businesses
- The notice board behind the front desk is available for small businesses, charity events and any other events where STMA families are involved.
- Use it for your flyers, coupons, business cards etc.
  - Please check with an instructor so we know who is putting what on the board
  - Remember take down items after any event dates have passed
- Also, please take STMA flyers for display at your business or event

Notes

- If you have photos that we can use in this display:
  - Send an email to southerntiermartialarts@gmail.com
  - Or bring in a flash drive
- Past copies of these files may be found in the Activities and news tab on the web

  https://www.southerntiermartialarts.com/activities--news.html